



SWISS TCM UNI
瑞士中医药大学



Universitäres Ambulatorium
TCM Ming Dao
Medizin · Forschung · Bildung

2nd Scientific TCM Conference

Aug. 15th to 18th, 2024
Bad Zurzach, Switzerland



From science to clinical practice.

Where traditional wisdom meets modern research.

Our TCM Conference is a place where experts, practicing physicians, therapists, researchers, students and anyone interested in the ancient wisdom of Traditional Chinese Medicine meets to discuss current research, learn new techniques and make new connections.

Based on the good experience from the 1st Scientific TCM Conference, we're proud to continue this series in conference format and are pleased to invite you to the 2nd Scientific TCM Conference in Bad Zurzach, Switzerland, held from the 15th to 18th of August 2024.

As in our first conference, the scientific program will address current research findings in TCM and will focus on studies in patients. It is a great opportunity to learn new TCM techniques in practical courses as well as a unique platform for

Targeted at doctors, therapists, and healthcare practitioners eager to expand their therapeutic horizons, the hands-on weekend courses promise not just an education, but an invitation to those who aspire to transcend traditional treatment paradigms.

Join our conference and earn credits!

EMR (Switzerland): The conference program and content is in accordance with the EMR requirements for further training and education.

ASA (Switzerland): ASA credits will be given as follows: 6 credits for Thursday, 15.08.2024; 6 credits for Friday, 16.08.2024; 7 credits for Saturday, 17.08.2024; 7 credits for Sunday, 18.08.2024.

NVA (Netherlands): The conference can be accredited to the NVA.

NVTCG Zhong Association (Netherlands): NAP's will be given as follows: 17 NAP's for 15./16.08.2024; 16 NAP's for 17./18.08.2024.

Worldwide experts, all in one place.

Discover insights from our international speakers during four days of presentations and practice courses.

Thursday

Prof. Dr. Michael Furian
SWISS TCM UNI, Switzerland

Prof. Dr. Delin Zhang
Jiangxi University of TCM, China

Prof. DDr. Gerhard Litscher
SWISS TCM UNI, Switzerland
Medical University of Graz, Austria

Prof. Dr. Tiancheng Xu
Nanjing University of Chin. Medicine, China

Dr. Maja Mičetić
Institut Ruđer Bošković, Croatia

Prof. Dr. Kun-Chan Lan
National Cheng Kung University, Chinese Taipei

Prof. Dr. Ruyi Yao
Kunming Institute of Botany, Chinese Academy
of Sciences, China

Fed. dipl. TCM Nina Zhao-Seiler
ZHAW TCM Garden, Switzerland

Dr. Stamatios Giannoukos
ETH Zürich, Switzerland

Dr. Lili Wu
Pain Center Quickborn, Germany

Prof. Dr. Xi Bin
Henan University of TCM, China

Prof. Dr. Frank Bahr
SWISS TCM UNI, Switzerland

Friday (and practice courses)

Prof. Dr. Fang Li
Jiangxi University of TCM, China

Prof. Dr. Guanhu Yang
University of Ohio, USA

Prof. Dr. Siming Li
National Clinical Research Center for
Chinese Medicine Cardiology,
Xiyuan Hospital, China

Dr. Xiaying Wang
SWISS TCM UNI, Switzerland

Dr. Shihua Shi
Friedrich Miescher Institute for Biomedical
Research, Switzerland

Dr. Saroj K. Pradhan
SWISS TCM UNI, Switzerland

Prof. Dr. Andreas Gantenbein
ZURZACHCare, Switzerland

Dr. Jie Pan
Stanford University School of Medicine, USA

Dr. Bonan Chen
Chin. Univ. of Hong Kong, Hong Kong SAR

Jiehan Liu
Hunan University of Chinese Medicine, China

Prof. Dr. med. Michael Hammes
SWISS TCM UNI, Switzerland

Dr. med. Roya Schwarz
Privatpraxis Dr. med. Roya Schwarz, Germany

Wednesday, 14.08.2024: Presentations

18:00 *Speaker Dinner at Park Hotel Bad Zurzach*

Thursday, 15.08.2024: Presentations

Session	Time	Speaker	Title
1 - TCM Research in Switzerland	08:30-09:15	M. Furian	Welcome presentation and TCM research activities in Switzerland
	09:15-09:30	D. Zhang	Communication by Jiangxi University of Chinese Medicine Delegate
2 - Modernization of TCM and Digital Chinese Medicine <i>Chair:</i> Gerhard Litscher	10:00-10:30	G. Litscher	Digital Chinese Medicine: From Acupuncture to Algorithms
	10:30-11:00	T. Xu	Intelligent Acupuncture Robot and its Application in Neuroendocrinology
	11:00-11:30	M. Mičetić	Mathematical Modelling and Treatment of Diabetes Mellitus by Acupuncture
	11:30-12:00	K. C. Lan	Robot-assisted Laser Acupuncture
3 - Herbal Medicine <i>Chair:</i> Xiaying Wang	13:30-14:00	R. Yao	Food and medicine continuum in China: A chronological view on the historical TCM herbs
	14:00-14:30	N. Zhao-Seiler	The TCM Herb Garden at ZHAW: Bridging Study, Contemplation and Understanding of TCM Herbal Medicine
	14:30-15:00	S. Giannoukos	Advanced mass spectrometry applications: investigating nutritional insights via breath and skin emanations during cupping therapy
15:00-16:00 <i>Poster walk and discussions</i>			
4 - Oral Presentations <i>Chair:</i> Michael Furian	16:00-16:30	L. Wu	Socio-psychological aspects of TCM in different countries and cultures
	16:30-17:00	X. Bin	Preliminary consideration of reporting on research in the field of traditional Chinese medicine for treating sleep disorders

	17:00-17:30	F. Bahr	Use of AI in the creation of a lecture and exam questions
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17:45-18:30 *Conference Advisory Board Meeting (Members only)*

18:30 *Apéro Riche at Hotel zur Post Bad Zurzach*

Friday, 16.08.2024: Presentations

Session	Time	Speaker	Title
5 - Clinical Research Chair: Gerhard Litscher	08:30-09:00	M. Furian	How to critically appraise published clinical trials
	09:00-09:30	F. Li	A multicenter, central randomized controlled trial of heat-sensitive moxibustion in treating swollen knee osteoarthritis.
6 - Integrative Medicine in Research and Practice Chair: Guanhu Yang	10:00-10:30	G. Yang	The role of heart-adjusting acupuncture in the prevention and treatment of cardiovascular diseases.
	10:30-11:00	S. Li	The perspective for Chinese Medicine Intervention for Coronary Artery Disease: Targeting Inflammation
	11:00-11:30	X. Wang	Acceptance of the general consent and findings from a satisfaction questionnaire in several Swiss TCM practices
	11:30-12:00	S. Shi	Global ubiquitination increase is associated with antiviral responses in virally infected primary monocytes
7 - Neurology Chair: Michael Hammes	13:30-14:00	S. K. Pradhan	The hype about Daith piercing for chronic migraine and tension-type headache: Is it really effective?
	14:00-14:30	A. Gantenbein	Using TCM in headache disorders
	14:30-15:00	J. Pan	Transcriptomic profiling of human and mice astrocytes in Alzheimer's disease

15:00-16:00 *Poster walk and discussions*

8 - Oral Presentations Chair: Shihua Shi	16:00-16:30	B. Chen	Novel Therapeutic Agent Fangchinoline Targeting NOX4 Effectively Alleviates Metastasis in Non-Small Cell Lung Cancer
	16:30-17:00	J. Liu	State of mind and health - Wellness in Chinese Philosophy

19:00 Gala dinner - Announcement of research prize winner

Saturday/Sunday, 17./18.08.2024: 2-Day Clinical Practice Course

Course	Time	Content
Healing Beyond Boundaries: Mastering Pain and Internal Disorders with TCM and Acupuncture Lecturer: Guanhu Yang Course Language: English	09:00-17:00, Saturday & Sunday	<ol style="list-style-type: none"> 1. Unveiling TCM Strategies for Conquering Post-COVID-19 Syndrome Dizziness 2. Revolutionary Acupuncture Insights for Blood Sugar Control and Peripheral Neuropathy 3. Acupuncture Breakthroughs in Acute Myocardial Infarction Care 4. Integrating TCM and Modern Pharmacology for Atherosclerosis: Targeting Plaque with Precision 5. Harmonizing the Gut: TCM Approaches to Irritable Bowel Syndrome (IBS) 6. TCM Wisdom for Chronic Pain and Fibromyalgia Syndrome (FMS): A New Hope 7. Navigating Ménière's Disease with TCM Acupuncture: A Path to Balance 8. The Art and Science of Acupuncture in Pain Relief: Clinical and Research Perspectives
Die Reservoir des Wassers: Die Acht Außergewöhnlichen Gefäße mit ihren klinischen Funktionen und Anwendungen Lecturer: Michael Hammes and Roya Schwarz Course Language: German	09:00-17:00, Saturday & Sunday	<ol style="list-style-type: none"> 1. Der Aufbau der Acht Außergewöhnlichen Gefäße (奇經八脈) 2. Wesentliche Aspekte der Acht Pforten der Flussaktivierung (Acht Pforten der Verknüpfung mit den Außergew. Pforten 八脈交會穴) 3. Abdominelle Testzonen der Außergew. Gefäße 4. Erweiternde Aspekte zum Wesen der Acht Außergew. Gefäße in der Autogenese und Individuation des Menschen 5. Der Bezug zu den Drei Ebenen 6. Spezifika der Pathogenese in den Acht Außergewöhnlichen Gefäßen 7. Die wesentlichen Pforten zur Aktivierung der Acht Außergewöhnlichen Gefäße 8. Spezifische Korrelate der Störungen in den Acht Außergewöhnlichen Gefäßen 9. Fallbeispiele und Übungen

Organizers



Prof. Dr.
Yiming Li



Prof. Dr.
Michael Furian



Dr.
Xiaying Wang



Dr.
Xingfang Liu

Guest-Organizers



Prof. DDr.
Gerhard Litscher



Dr.
Shihua Shi



Prof. Dr.
Guanhu Yang

Our sponsors



Contact

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Further information

www.tcmuni.ch/congress